

The Cricket Coaching Specialists 2009 - 2010 Season

Personal Cricket Coaching Private Coaching

Our private coaching provides the ultimate in personal cricket development. Technique correction or refinement is an important aspect of playing cricket and allows the player to develop the confidence to perform on the field. Sessions can also be recorded to DVD for a visual record of lessons.

Private coaching can help enhance and develop the all-important good basics of cricket. We also offer more advanced coaching techniques to help improve methods for batsman to play different types of bowlers including fast and spin. For the bowlers, we help develop better accuracy and different types of deliveries.

Available all over South-East Queensland

Chermside Southport Sandgate Tingalpa



\$35

Including Postage & Handling



History of HPC

Established in 2004 High Performance Cricket was developed to initially provide a cricket coaching resource to a small cricket club in Brisbane. From there it has developed into providing cricket coaching services and activities at permanent locations throughout South East Queensland.



Founder Shane Jurgensen, played for three states, represented Australia at youth level and attended the Centre of Excellence. Shane developed HPC to provide all cricketers and coaches the valuable information he received throughout his playing career. He has also been coaching cricket for over 13 years and has also conducted or been a part of numerous youth development programs and charity work. Shane is currently part of the coaching panel with the New Zealand Cricket team as Bowling Coach.



All of HPC coaches are qualified and experienced Level 1 or 2 coaches and have completed our own cricket coaching development course. Along with our coaching services HPC can provide ideas and support to help all cricket clubs and schools with their cricket programs.

School Holiday Cricket Camps

Our cricket camps have become increasingly popular over the years. Our camps provide excellent coaching and we cater to junior cricketers of all levels and ages within a fun and enthusiastic atmosphere. Themes are different for each camp and our 2020 camp in January is always a hit. Along with our own camps HPC also run many cricket camps on behalf of a number of clubs and schools.

Professional Team Training Sessions

For senior cricket clubs that haven't been able to secure the service of a Club Coach, schools that want a professional session for their 1st XI or other school teams and junior cricket coaches requiring help and ideas for training sessions. HPC can bring in its team to provide outstanding sessions to enhance the enjoyment and challenge players.

Fielding and Fitness Sessions

This is a new and exciting product available this season. Commencing in September for 12 sessions the program will provide activities covering all areas of fielding. Areas of focus include throwing techniques and accuracy, catching in slips and out to the boundary, ground fielding and specific fielding positions also. Along with the fielding, there will be fitness activities - all related to cricket.

Camp Dates 2009 - 2010

North Brisbane

Please check our website for dates

Gold Coast

January 10 - 12

Tuesday Afternoons

Performance Academy
Commencing September

12 x Sessions

2009 - 2010 Booking Form

Name:

Child's Name:

Email:

Address:

Phone:

Indemnity:

I certify that my child enrolled above is in excellent health and may participate in strenuous physical activities including cricket. I agreed to defend and hold High Performance Cricket, its servants, agents and/or employees and contractors harmless from any and all claims for injuries sustained by my child during his or her participation in this activity. Permission is granted to receive emergency medical treatment, if needed, and I certify that there are no limits to my child's participation except as stated in writing and included with this application.

Sign: _____

Product: (Please Tick)

Private Coaching:

Single Session 10 - Pack 5 - Pack

Cricket Camp:

September December January

Performance Academy:

Payment Details:

Cheque:

Cash:

Credit Card:

Credit Card No: _____

Exp: _____

Sign: _____

EFT available on site

Additional Services and Products are available.
For more information please visit our website:

www.highperformancecricket.com.au

